Climate health insight for *your whole campus.*

Heat waves, wildfire smoke and poor air change how students feel, sleep and think. XClimate helps wellness teams see those patterns and reach students with the right message, by text.

How it works for students

Each evening, one text asks how the day went. Students reply with three numbers (mood, energy, last night's sleep). XClimate matches the reply with local air quality, heat, pressure change, UV and daylight, and texts back a daily score, the main driver and one thing to do. No app, no wearable.

What your team gets

- Campus-level trends: how heat, smoke and air line up with student mood and energy
- Tips and air alerts by text for opted-in students
- Which conditions affect your students most
- A review of results with your team

Privacy

- Students opt in, and can stop or delete their data at any time by text
- Your team sees aggregated, anonymized trends only
- Student data is never sold or shared with advertisers

Where we are

Built at Dartmouth. A one-month pilot with 30 Dartmouth students ran in August 2025. The relaunch runs as a research study and is waiting on ethics (IRB) approval.

01

Talk to us

Tell us about your campus, your students and what your wellness team wants to learn.

02

Launch to a student group

Students opt in by text. Nothing for IT to deploy. One campus, one term.

03

Review results together

We share campus-level findings and decide next steps with your team.

+8%

Mental-health emergency visits in the week after wildfire smoke rose by 10 μg/m³.

Jung YS, et al. JAMA Network Open, 2025

13.4%

Slower reaction times for students in dorms without air conditioning during a heat wave.

Cedeño Laurent JG, et al. PLOS Medicine, 2018

Request a pilot

xclimate.co/universities · hello@xclimate.co

XClimate is not a medical device.